

Martha Lee



Surrounded by friends who were sexually inhibited and struck by dire lack of positive conversations around sex and sexuality in Singapore, Dr. Martha Tara Lee decided to take it upon herself to be an advocate for positive sexuality in 2007. She set out to make a positive difference in embarking on her doctorate in human sexuality, then launching Eros Coaching in 2009. Today, she remains dedicated to working with individuals and couples who wish to lead self-actualised and pleasure-filled lives.

She has worked with a lot of couples (international and local) who have unconsummated marriage; men and women with sexual inhibitions and sexual desire discrepancies; men with erection and ejaculation concerns; as well as with GLBTQQ and kink folks. A born and bred Singaporean Chinese, Martha welcomes individuals as well as couples of all sexual orientations, and is available via Skype or face-to-face in Singapore. Martha speaks English and Mandarin.

Since 2011, she has been (and still is) the only certified sexuality educator by the American Association of Sexuality Educators, Counselors and Therapists (AASECT) in Singapore. This accolade is only for those who meet the stringent requirements determined by AASECT, which is the leading professional organization for sexuality educators, sexuality counselors and sex therapists in the United States. In short, she strives to be the one of the best sexologists in the world.

She takes pride in making sure all her events are fun, educational, and sex-positive. This comes easily to her because even though she is extremely dedicated and serious about her work, she fundamentally believes that sex is meant to be fun, wonderful, amazing and sacred. As such, this serious light-heartedness has shone through again *and again*. You can [read the testimonials she's received over years here](#).

Often cited in the media, Dr. Lee is the appointed sex expert for [Men's Health Singapore](#) (since 2009), and [Men's Health Malaysia](#) (since 2010). She also contributes regularly towards [YourTango](#) and [Elephant Journal](#). She is also the host of weekly radio show [Eros Evolution](#) for OMTimes Radio. She was recognised as one of 'Top 50 Inspiring Women under 40' by Her World in July 2010, and one of '[Top 100 Inspiring Women](#)' by CozyCot in March 2011. Her first book [Love, Sex and Everything In-Between](#) was published by Marshall Cavendish in Oct 2013, and her second [Orgasmic Yoga: Masturbation, Meditation and Everything In-Between](#) in Aug 2015.