

# Lisa Roberts



PhD PFHEA FCSP

Lisa is an associate professor at the University of Southampton and consultant physiotherapist at University Hospital Southampton NHS Foundation Trust. She currently holds a National Institute for Health Research senior clinical lectureship, focussing on researching the communication and decision-making that occurs during consultations between physiotherapists and people with back pain, building on her earlier fellowship funded by Arthritis Research UK. Other current research interests include developing web-based resources for people with back pain; non-specific treatment effects in complementary therapy; families' experiences of surgery for children with developmental dysplasia of the hip; and rehabilitation through ballroom and Latin American dancing.

Alongside her clinics in the NHS, Lisa leads the clinical effectiveness agenda for 8 professions and has a strategy role within the Trust. She led the team to implement a hugely popular self-referral scheme, enabling Trust staff to access musculoskeletal physiotherapy services.

Lisa was awarded a Fellowship by the Chartered Society of Physiotherapy in 2013 for her work as a leader, clinician, researcher and educator. She is the immediate past President of the Society for Back Pain Research and is delighted to be part of NSpine 2017.