

Nick Birch



Nick Birch is a spinal specialist who works at the Chris Moody Sports Injury and Rehabilitation Unit in Northamptonshire, UK. He trained in Cambridge and London in orthopaedic surgery and he became a consultant spinal surgeon in Northampton in 1996. In 2014 he moved sideways into a rehabilitation role for his clinical practice as well as taking up several non-executive directorships in med-tech start-up companies. Latterly he has specialized in assistive technology for neurological rehabilitation in people with spinal cord injury.

He is the Specialty editor for Spine at the Bone and Joint Journal and is on the Advisory Editorial Board of the European Spine Journal.

He has been an executive member of the British Association of Spinal Surgeons and the UK Spine Societies Board during the last six years.

His involvement in professional sport started in 1994 when he set-up the orthopaedic services to Saracens rugby football club, before he moved to Northampton where he became part of the specialist medical team for Northampton Saints. He has a busy spinal sports injury practice treating athletes from a wide range of sports including rugby, cricket, football, gymnastics and athletics.

Outside of medicine his interests include cooking, photography, skiing and motorcycling.