# NSpine

innovative spine education ™









## **NSpine**

## Advanced 360-Degree Reconstructive Course

#### **Training need:**

Anterior lumbar reconstruction has recently seen a resurgence in popularity recently with the development of multi-level ALIF / TDR along with lateral XLIF and OLIF techniques. Coupled with minimally invasive posterior instrumentation, these techniques reduce morbidity, yet are also powerful in reconstructing the lumbar spine. However, the learning curve is steep and the potential for complications substantial.

NSpine is therefore proud to be hosting the first combined cadaveric and live tissue training lab for advanced lumbar 360-degree reconstruction at the famous IRCAD center. An international panel of recognised experts is working together to develop and deliver comprehensive, highest level training for a limited group of delegates.

#### Venue:

IRCAD is a global leader in surgical training. The surgical lab is at the heart of state-of-the-art facilities. 20 tables are fully equipped for surgical cadaveric dissection or porcine live tissue surgery including endoscopic techniques. The lab is set up for fluoroscopy and CT can be obtained from the cadavers for

image-guided surgery.

#### **Travel and accommodation:**

Strasbourg is a vibrant city with its historic town centre within walking distance of the IRCAD institute.

Strasbourg is accessible via road, train and air. There are international flight connections via Frankfurt or Paris. Excellent hotels are located within easy walking distance of IRCAD.









## Course Format and Content

#### Course format:

Full day hands-on surgical training course consisting of cadaveric training in the morning and live porcine tissue training in the afternoon. Faculty: delegate ratio is 1:2.

### Learning objectives:

To perform anterior open (ALIF) and mini-open lateral approaches (OLIF/XLIF) to the lumbar spine To expand the approaches to a full thoracophrenolumbotomy

To effectively and correctly instrument the lumbar spine from above mentioned approaches

To apply corrective manoeuvres and techniques for anterior reconstructive correction

To effectively manage complications arising from anterior lumbar approaches in live tissue surgery including vascular techniques

### Learning outcomes - after the event delegates will be able to:

Perform the technical steps of the open anterior and lateral approaches to the lumbar spine

Perform mini-open lateral access to the lumbar spine

Expand the lumbar approach to include splitting of the diaphragm

Identify the structures at risk during anterior spinal surgery and use salvage strategies in case of complications

Correctly perform anterior and lateral interbody instrumentation of the lumbar spine





## Training Structure

#### **AM training:**

Cadaveric training is conducted in the morning, allowing delegates to become familiar with the required approaches to the spine. The cadaveric training will commence with mini-open approaches to the lumbar spine, extending to full thoracophrenolumbotomy. Correct handling of relevant implants and systems of sponsors is included during this period.

#### PM training:

The afternoon is dedicated to live tissue surgery which will allow delegates to perform anterior and lateral exposures of the spine mobilising vascular and visceral structures. NSpine has attracted an international panel of recognised experts to train delegates in mini-open and open reconstructive techniques. Vascular surgeons are on-site to teach complications management techniques.

#### Theory:

The theory content related to the techniques is covered at the Porto Main Meeting during the previous days July 13-16. Delegates not attending Porto will be able to join these lectures by video conference.

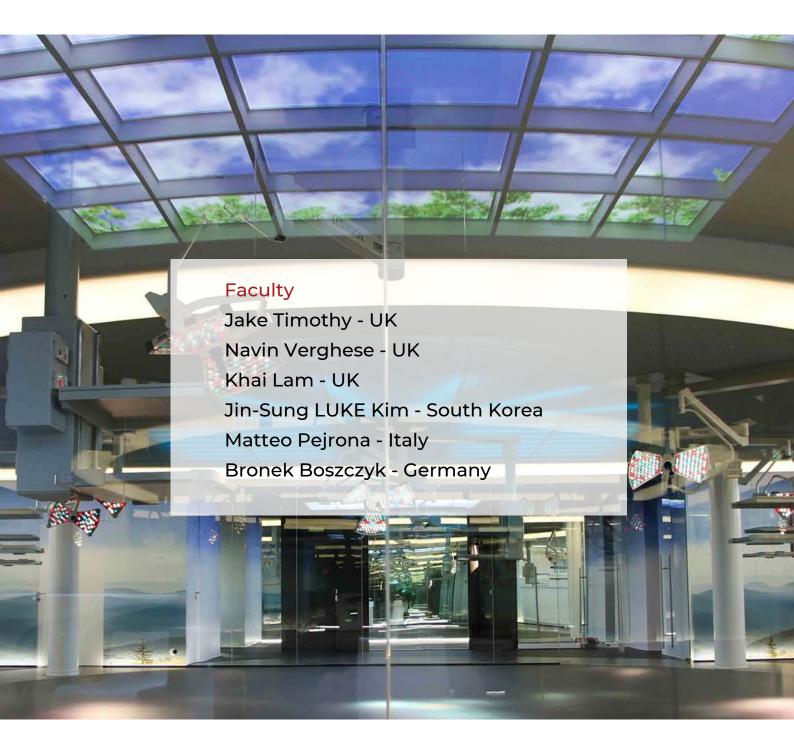
The course content is identical on both days (July 17th and 18th) with separate groups of delegates.

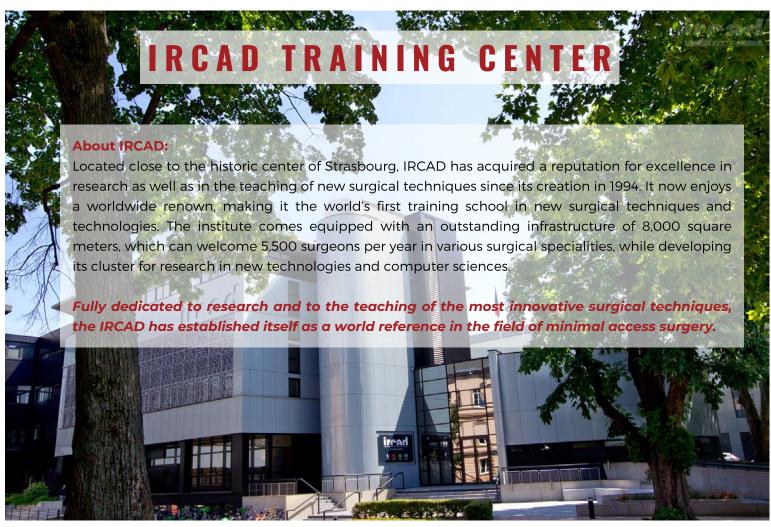
## Faculty

NSpine is partnering with an exceptional panel of international experts to deliver top-level training experience. All Faculty members are highly experienced in anterior and lateral reconstructive techniques

The faculty: delegate ratio is 1:2.









20 fully equipped operating tables
Open and endoscopic techniques

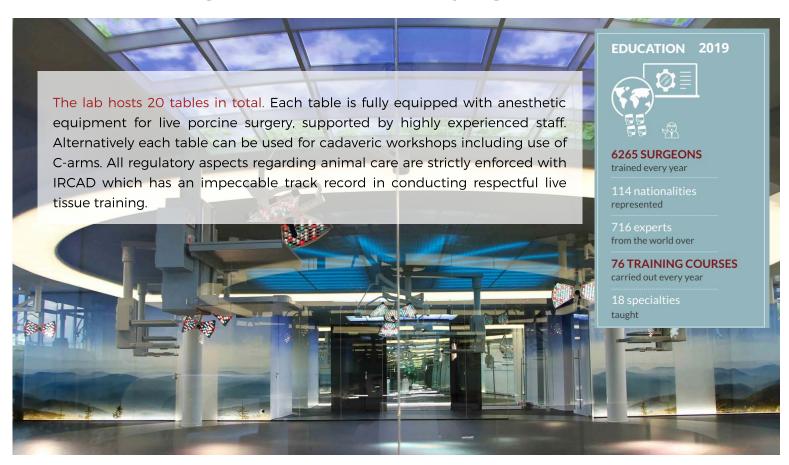


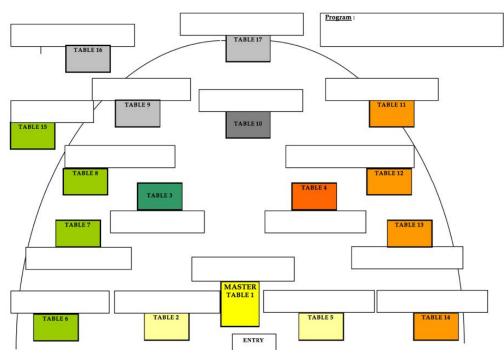
#### Venue address:

Hôpitaux Universitaires 1, Place de l'Hôpital 67091 Strasbourg Cedex FRANCE

www.ircad.fr

## IRCAD TRAINING CENTER







#### Laboratory layout

Individual or groups of tables can be allocated to specific workshops...



#### Auditoriums

IRCAD features two auditoriums for lectures, with a seating capacity over 100 delegates, with full audio-visual facilities. The extended lunch break lectures are held here.

The porcine live tissue laboratory is in the same building on the upper floor.

## WHY ATTEND?





Anterior and lateral surgery is seeing a surge of interest especially with the development of minimally invasive techniques. There is an unmet demand in teaching both anterior and lateral techniques along with complications management in combined cadaveric and live tissue training.



The IRCAD Institute is a world leader in surgical education and one of the very few institutes offering combined cadaveric and live tissue surgery. In addition IRCAD has mastered thoracoscopic training in the live porcine model.



NSpine has attracted several international leaders in anterior spinal surgery as Faculty. Exposure to this Faculty is a unique opportunity for hands-on training with 1:2 Faculty: Delegate ratio.



NSpine offers fully independent, accredited spine surgery training. Attending this course certifies you having undertaken the most rigorous, practical training available.



Be part of the first combined cadaveric and live tissue training lab on 360-degree lumbar reconstruction at the IRCAD Institute. Develop and hone your skills for the benefit of your patients and position yourself amongst peers in the international spine surgery networks.

## ABOUT NSPINE



**Spine Education since 2013:** NSpine is an entirely independent for profit company exclusively focused on spine health care education. Since the inaugural conference in 2013, NSpine has grown exponentially and now features annual, highly respected meetings which attract over 500 attendees from across the globe.

Clinical Problem Solving and Emerging Tech: The focus of NSpine meetings is on clinical problem solving and decision-making. Whilst academia is important, NSpine goes into greater depth on technical details, techniques and emerging technology.

#### **Advanced Cadaveric and Live Tissue Training:**

NSpine has a tradition of offering highest quality hands-on cadaveric training courses. This has now been expanded to include training at the world renowned IRCAD institute in Strasbourg France.

#### The NSpine combined cadaveric and live tissue training series includes:

The Advanced Surgical Techniques and Complications Management Course
The Advanced Anterior Scoliosis Techniques Course
The Advanced 360-Degree Lumbar Reconstructive Course

"I have been involved in live tissue spine courses at IRCAD for close to 20 years. This is the best immersive surgical simulation training currently available. NSpine is dedicated to delivering training for surgeons that really matters.

NSpine - designed by surgeons for surgeons."



Bronek Boszczyk

Spine Surgeon, NSpine Chairman

