



NSpine

innovative spine education™

Sheraton Porto Conference Hotel

Delegate Flyer

NSpine

6th Main Conference

31st May - 3rd June 2022

Porto, Portugal

www.nspine.com

CME accreditation
will be applied for
with final program

NSpine 2022 events timeline



NSpine Winter Masterclass
Arosa, Switzerland 17-21 January

NSpine Combined Cadaveric & Live Tissue Labs
IRCAD Strasbourg, France 27-29 May

NSpine Residents & Fellows Spine Course
Porto, Portugal 28-29 May

NSpine Main Conference
Porto, Portugal 31 May - 3 June

NSpine Advanced Spine Seminar
Gstaad, Switzerland (date TBD)

For additional information on above events please contact:
info@nspine.com



Welcome to Porto

NSpine is proud to be coming to Porto. This ancient city is steeped in history and in typical Nspine tradition, the meeting and venue merge to provide a unique experience. **Professor Nuno Neves from Porto** has kindly written an introduction to Porto and will be hosting the **Portuguese Spine Society Satellite Symposium**.

"Welcome to Porto. Located on the northern bank of Douro River, this is the second-largest city in Portugal. Its motto "Old, Most Noble, Always Loyal and Unvanquished", says much of the city and its inhabitants. In fact, Porto's settlement dates back many centuries, and walking its streets one can appreciate the imprint different ages have left on its face. Its core was proclaimed a World Heritage Site by UNESCO in 1996, and there really is a lot to see and do. Right next to the Alfândega Congress Center (the old customs house) you will find the historic center, with Ribeira, Porto's riverside area, its maze like streets and stairways, and medieval feeling.

Don't miss the multitude of churches, like São Francisco, and its gold-leaf covered walls, or the Romanesque Cathedral. Palácio da Bolsa (the old stocks market) and its monumental Pátio das Nações courtyard and Morrish revival Salão Árabe, is also worth visiting. Stroll the picturesque Rua das Flores all the way to São Bento railway station and its tiled walls, and Praça da Liberdade, the city's central square. Going uphill you will find the iconic Baroque Clérigos Church and Tower where you can climb its 240 steps for an amazing birds' eye view over the city. Right next to it there is always a queue to enter the beautiful Lello Bookshop. Santa Catarina Street is a major shopping area with both local and international shops.

Midway, the Majestic Café is a perfect place for a coffee. Sports fans can enjoy a visit to FC Porto's Stadium and Museum, home to 2 Champions League and 2 UEFA/Europa League Cups. Art lovers will head to Bombarda Art District with its small galleries, or admire the paintings and sculptures at Soares dos Reis National Museum. Unmissable is Serralves, where you'll find an Art Deco Villa, lush gardens and the Contemporary Art Museum by Portuguese star architect Álvaro Siza. The concert hall, Casa da Música, by Pritzker Prize Rem Koolhaas, features cutting-edge design and acoustics.

For a calm and relaxing walk head to the Palácio de Cristal gardens or the City Park, which stretches all the way to the sea. Enjoy the sunset at Foz beaches, the trendy district by the Atlantic coast. Across the river, in Gaia, dozens of cellars store and age Porto's most famous product, Port wine. By the way, there are 6 bridges crossing the Douro, each with its special feature (one was even designed by Gustave Eiffel's office). You can visit the cellars and take a wine flight through the different Port styles. But make sure you don't miss other Portuguese wines. We have one of the worlds most diverse wine cultures, from crisp, light Vinho Verde, to fruity Alentejo whites, and robust Douro reds.

Gastronomy is center stage in Porto, whether it is a fancy dinner at a Michelin-starred restaurant, one of over 1000 recipes of Bacalhau (salted codfish), delicious seafood, the huge Francesinha sandwich, or, for the adventurous, Tripas à moda do Porto. Legend has it that this delicacy was created in the 15th century, when Porto inhabitants gave all the meat to the departing fleet of Prince Henry the Navigator, keeping only the leftover tripes. Hence our popular name, Tripeiros, and a hint to our generous and warm nature."



Bronek Boszczyk
Spine Surgeon, NSpine Chairman



Nuno Neves, MD, PhD
Orthopaedic and Spine Surgeon



NSpine in Porto

Since the inaugural conference in 2013, NSpine has grown exponentially and now features annual, highly respected meetings which traditionally attract over **500 attendees** from across the globe. The Main Conference covers the entire range of spinal conditions through over **200 lectures in up to 5 parallel sessions**. Lectures are delivered by experts in their field with ample time for discussion with delegates.

The focus of NSpine meetings is on **clinical problem solving and decision making**. Whilst academia is important, NSpine goes into greater depth on technical details, techniques and emerging technology.

NSpine enables **extensive networking** and cross-speciality learning by bringing together all spine health care professionals irrespective of organisational “size”.

The dedicated emerging tech G-Spine sessions are a platform for engineers and developers demonstrating the **visions and abilities of leading and emerging companies**. Many collaborations have been forged at NSpine meetings.

NSpine is proud to again be collaborating with the **Portuguese Spine Society** under the leadership of **Professor Nuno Neves**, bringing several highly experienced speakers to the faculty panel.

NSpine is further delighted to be collaborating with the **South African Spine Society** to deliver the trauma sessions under the leadership of **Professor Ian Vlok**.

This promises to be one of the most exciting and comprehensive trauma session series ever seen at a conference.



SPPCV
SOCIEDADE
PORTUGUESA
DE PATOLOGIA
DA COLUNA
VERTEBRAL



Program and Timetable at a Glance

While all spine areas will be covered, particular focus will be on paediatric deformity and trauma.

Main clinical topics include:

Degenerative Conditions / Adult and Paediatric Deformity / Spinal Trauma including Spinal Cord Injury / Advanced minimally invasive surgical techniques / Advanced reconstructive surgical techniques

Emerging technology (G-Spine) topics include:

Advanced pedicle screw technology / deformity systems / active robotics and navigation / imaging platforms / expansile cage technology / novel materials

Our faculty are amongst the most respected spine clinicians worldwide:

Lectures are 15-20 mins with ample time for discussion. 80% of lectures are invited. 20% are based on abstract submission to allow younger teams to present their techniques and developments.

Abstracts are published in the Bone and Joint Journal (IF 5.082).

The call for abstracts will open in December.



Monday 30th May - **Industry Setup & Arrival**



Tuesday 31st May - **Conference Day 1:**

Plenary keynote session

Deformity | Trauma | Degeneration | Arthroplasty |

Cervical | G-Spine | Free Papers

Plenary keynote session

Welcome Reception | Faculty Dinner



Wednesday 1st June - **Conference Day 2:**

Plenary keynote session

Deformity | Trauma | Infection | Endoscopy | Cervical |

Anaesthetics | G-Spine | Free Papers

Plenary keynote session

Course Dinner with Sultans faculty band



Thursday 2nd June - **Conference Day 3:**

Plenary keynote session

Deformity | Trauma & SCI | MIS | Neurophysiology |

Tumour | G-Spine | Free Papers

Plenary keynote session

Free evening



Friday 3rd June - **Conference Day 4:**

Plenary keynote session

Trauma & SCI | Tumour | Osteoporosis | G-Spine | Free Papers

Midday close & dismantle



PORTO 2022 FACULTY

- **Max Aebi** (Switzerland)
- **Nuno Alegrete** (Portugal)
- **G Balamurali** (India)
- **Randal R Betz** (USA)
- **Laurel Blakemore** (USA)
- **Gergely Bodon** (Germany)
- **Ciaran Bolger** (Ireland)
- **Bronek Boszczyk** (Germany)
- **Réne Castelein** (Netherlands)
- **Daniel Chan** (Singapore)
- **Kenneth MC Cheung** (Hong Kong)
- **Harvinder Chhabra** (India)
- **Aurélien Courvoisier** (France)
- **Areena D'Souza** (Germany)
- **Biren Desai** (Germany)
- **Robert Dunn** (South Africa)
- **Fabian Geiselbrecht** (Germany)
- **Frank Hassel** (Germany)
- **Patrick Kiely** (Ireland)
- **Baron Lonner** (USA)
- **Miguel Loureiro** (Portugal)
- **Darren F. Lui** (UK)
- **Christian Mazel** (France)
- **Jwalant Mehta** (UK)
- **Firoz Miyanji** (Canada)
- **Nuno Neves** (Portugal)
- **Peter Newton** (USA)
- **Robert Nowicki** (UK)
- **Stefan Parent** (Canada)
- **Matteo Pejrona** (Italy)
- **Paulo Pereira** (Portugal)
- **BT Pushpa** (India)
- **Ricardo Rodrigues-Pinto** (Portugal)
- **Winfried Roth** (Germany)
- **Bruno Santiago** (Portugal)
- **Dietrich Schlenzka** (Finland)
- **Masood Shafafy** (UK)
- **Suken Shah** (USA)
- **Michael Selby** (Australia)
- **Ralf Stücker** (Germany)
- **Jake Timothy** (UK)
- **Paul Thorpe** (UK)
- **Per Trobisch** (Germany)
- **Navin Verghese** (UK)

Futher faculty awaiting confirmation



Venue - Sheraton Porto Hotel

the leading conference hotel in Portugal

- Dedicated exhibition area
- Workshop rooms
- Private meeting rooms
- Networking space
- Executive accommodation

SHERATON PORTO HOTEL

About the Venue:

Located in the heart of the business district, the Hotel offers you the opportunity to live and connect with Porto, a unique, exquisite and authentic destination.

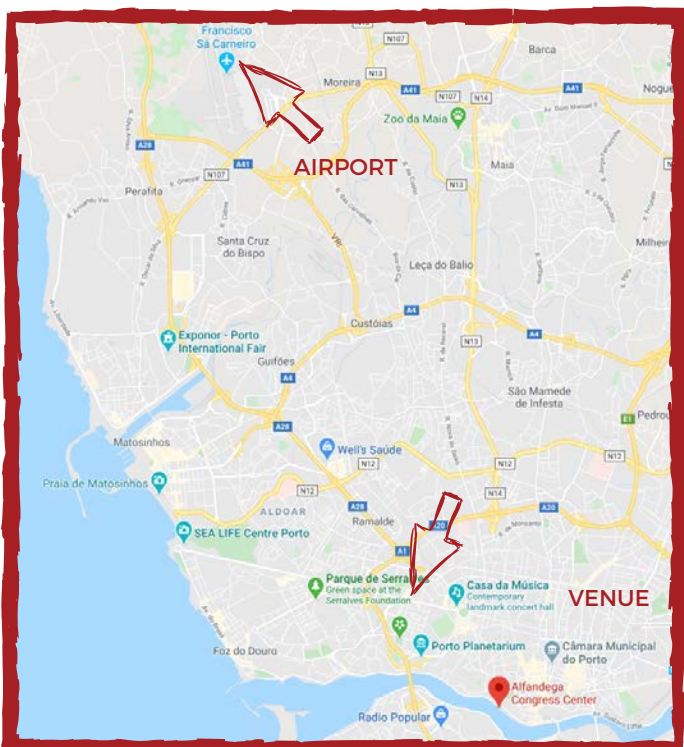
Enjoy the convenience of being only a short distance away from the city's rich heritage, where you connect with 800 years of history.

Sheraton Porto Hotel offers unique architecture, light and comfort, together with 1,750 square meters of flexible state of the art indoor meeting space as well as 4,000 square meters of garden scenario.



Venue Address:

Sheraton Porto Hotel
Rua Tenente Valadim 146
Porto 4100-476



Public Transport

Porto Airport is connected to the city of Porto via Metro and Airport Buses.

www.cp.pt/passageiros/en/ for train information.

www.stcp.pt for bus timetables.

www.metrodoporto.pt for metro information.

Flights

Porto Airport (OPO) is located with excellent road and public transport to the venue within 18 minutes. It is consistently ranked among the top three airports in Europe.

As the second largest airport of the country Porto, there are extensive direct connections from 24 countries with 31 airlines.

www.flightconnections.com/flights-from-porto-opo

Hotels

Please visit www.nspine.com for details on the hotels we have arranged a preferential rate for.

Why attend NSpine?

At NSpine the content is designed by working surgeons for working surgeons
- since 2013.

We focus on the "why", "how" and "when" of spine surgery. And the "when not".
Lectures are 15-20 mins with ample discussion time.

Open discussion and sharing of personal expertise is at the heart of all NSpine meetings. NSpine has no members / task forces / political agenda.

NSpine faculty consistently rank amongst the internationally most experienced clinicians in their field. All are acclaimed speakers and educators.

Developing professional friendships is essential in complex surgical specialities. NSpine fully recognises the value hereof and promotes building personal networks as an entirely independent platform.

Last but certainly not least - the NSpine faculty band:
The Sultans will once again deliver a memorable evening.



A nighttime photograph of a cityscape featuring a large, illuminated bridge spanning a body of water. The city lights are reflected on the water's surface. A semi-transparent white rectangular box is overlaid on the lower half of the image, containing the company's logo and contact information. A large, solid red triangle is positioned at the top of the page, pointing downwards towards the center of the image.

NSpine

innovative spine education TM

NSpine GmbH, Kolbermoor, Germany.

www.nspine.com

Contact:

katie.carter@nspine.com

for event information

or

gabriella.gazzoli@nspine.com

for sponsor information